

# PERINTON

## Recreation & Parks



May 2020 Newsletter

## Update from the Commissioner



**Jeffrey D. Myers, CPRP**  
Commissioner of  
Recreation and Parks

“It was the best of times; it was the worst of times”, claimed Charles Dickens, in his 1859 historical novel, A Tale of Two Cities. I sit here reflecting how that statement holds so true today. In the midst of the Covid-19 pandemic, I am seeing the best, and worst in people, and in life in general. We are seeing people infected, some hospitalized, and even succumbing to the virus. We are seeing people being isolated, quarantined and separated from their family and friends. We are also seeing communities unite, helping those that need extra help. We are seeing health care workers and first responders working tirelessly, on the front lines, to bring this pandemic to an end.

In the recreation and parks field, we are seeing the best and worst as well. Our community center remains closed. The hallways normally bustling with activity, lay dark and quiet. Most of our activities have been canceled or postponed, a select few being held online. The cardio fitness machines turned off, leisure pool emptied and cleaned and gymnasium dormant. Probably the most empty of feelings I have is the lack of the smiles and friendly faces that I am accustomed to

seeing every day, whether they belong to our staff or patrons. Though many of our full time staff continue to work, they are doing so from home. Our part time staff wait for the call to come back to work. We don't know when that will be.

Out in the parks is a different story. We are seeing unprecedented use of our parks and trails, as people have come to rely on them for stress reduction, physical activity and mental wellness. I have seen families out there, playing together. I have seen moms teaching their child how to ride a bike. Dads hitting baseballs to their kids. Families playing tennis and pickleball. I've seen people flying kites and remote control aircraft. And the trails... oh how they have been busy. Some of the trailhead parking lots have been packed. The canal trail full of walkers, runners and bike riders. I would be remiss if I didn't send my thanks and appreciation to the parks staff for their continued efforts to keep the parks clean and safe. Please help them by keeping your distance.

For the most part, I have seen people practicing the social distancing guidelines. People talking, but keeping at least six feet apart. On several occasions, I have witnessed people backing their cars up to each other, opening their back hatch and sitting in there, conversing with their friends while sipping on a coffee, latte or other similar beverage.

The town is doing their part too. Several staff members have assisted the Perinton Food Shelf with distribution of food. A new Senior Assistance Helpline has been opened, offering help to get groceries, prescriptions, and other needs, guiding them to appropriate resources, and just being there for support. Our 55+ Supervisor, Kelly Attridge has been instrumental in getting this service operational.

The worst of times have brought out the best in people. Though physically distanced, it has brought friends, families and neighbors closer together. They have opened their hearts, and found their way to help.

The community center stands ready to reopen, when the clearance to do so is given. We will certainly make sure you all know when that will happen. In the meantime, be well and stay safe my friends, until we can meet again face to face.

VIEW NEXT PAGE FOR PARTIAL  
LISTING OF ONLINE CLASSES

**PERINTON SENIOR  
HELPLINE**

**(585) 209-3205**

Around-the-Clock Service for Perinton Seniors  
Needing Resources or Assistance  
Dealing with COVID-19.

Sponsored by the Perinton 55+ Program in conjunction with the  
Fairport Partnership for a Better Community. [www.perinton.org](http://www.perinton.org)

## VIRTUAL CLASSES

Check out your favorite instructor from the comfort of your own home. The instructors will email participants directions on how to access. [Register and view program details on Webtrac.](#)

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### Youth

Sundays, April 21 - June 21 (ex. 5/24) - Various Times: Piano & Voice Lessons - Ed Rocha  
235850 - \$180 Perinton Residents / \$190 Non-Residents

\*NEW\* Tuesdays, April 28 - May 19 - 2:00pm: Mad Science Jr.  
222701-A - \$45 Perinton Residents / \$50 Non-Residents

[Flyer for more information](#)

\*NEW\* Wednesdays, April 29 - May 20 - 3:30pm: Ballet I - Vanessa Watters  
225851-C - \$28 Perinton Residents / \$32 Non-Residents

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**Bravo! Create Arts** - Wide variety of theater/drama classes starting week of 4/27 led by Ed Rocha.

[Click on link for more information!](#)

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### Adult

Tuesday, April 28 - 6:00pm: Savvy IRA Planning - Tomas Aponte  
245902-A (Spring Brochure pg. 50) - FREE

Wednesday, April 29 - 1:00pm: Estate, Legacy and Long Term Care - Bill Monte  
245911-A (Spring Brochure pg. 49) - FREE

Wednesday, April 29 - 2:00pm: Wellness Series: Sitting Ergonomics and Stretching - Dr. Nicholas Prosser  
245833-A (Spring Brochure pg. 53) - FREE

Thursday, April 30 - 6:30pm: College 102 - Brenda Piazza  
245918-B (Spring Brochure pg. 49) - FREE

Tuesday, May 12 - 7:00pm: How to Prepare, Sell and Stage Your Home - Robert Opett  
248103-G (Spring Brochure pg. 50) - \$10 Perinton Residents / \$11 Non-Residents

Wednesday, May 13 - 7:00pm: Ten Deadliest Mistake When Buying a Home - Robert Opett  
248103-E (Spring Brochure pg. 52) - \$10 Perinton Residents / \$11 Non-Residents

\*NEW\* Monday, May 18 - 6:30pm: Foods to help you manage and reduce stress - Kim Taylor  
245916-A - \$10 Perinton Residents / \$11 Non-Residents

Thursdays, 5/21 - 6/18: Learn a New Language - SPANISH! And Enhance Your Brain (Spanish Basics I) -  
Lourdes de la Colina-Scofield  
232878-B - (Spring Brochure pg. 51) - \$132 Perinton Residents / \$142 Non-Residents

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**New programs updated regularly. View the [program page of our website](#) for a complete, up to date listing. Check back often!**

Stay tuned to our [Facebook page "Perinton Recreation and Parks"](#)  
for updates and interactive content